

Practice Newsletter: Autumn/Winter 2023

Welcome to this edition of our Practice Newsletter

Since the previous newsletter, Dr Murphy has retired, and we have been joined by Dr Kelly – Welcome to the Practice! 😊



We are well underway with administering annual flu vaccinations. Don't forget you are eligible for a flu vaccination if you are:

- Aged 65 and over
- Have a long-term condition e.g., Asthma, COPD, Diabetes
- Pregnant
- A registered carer

If you have a child aged 4 years or under who has a history of significant respiratory illness, or any child under 18 in a clinical risk group, they can have a nasal flu vaccination.

If any of the above apply, please ring reception on 01529 240234 and they will be happy to book an appointment for you.

Askmy GP

AskmyGP has become more popular. It is open weekdays, excluding public holidays between the hours of 08:00 – 12:30. All requests are triaged by a member of our Clinical team. If you have not yet registered for this service, please visit our Practice website www.ruralmedical.co.uk; click on AskmyGP; click consult GP and sign up as a new user with just a few details.



Patient Participation Group

Our Patient Participation Group meetings are a chance to hear about developments and receive updates about the Practice. They are an opportunity to meet some of the staff and share your views. Would you like to attend these 4-monthly meetings? If so, please either complete the 'signing up for Patient Reference Group' form on our website www.ruralmedical.co.uk or give your details to one of our Patient Navigators (Reception). The next meeting is on **Thursday 16th November 2023, 1:30 pm in the Practice waiting room** and the next one will be in March 2023, date to be confirmed.



Medical Equipment Fund

The New Springwells Medical Equipment Fund are holding a Christmas coffee morning and raffle on Friday, 1st December 2023, 9am to 2pm, in the village hall. Pop along for coffee and cakes and enjoy!





Christmas Medication deliveries:

There will be no deliveries between Christmas and New Year. The last delivery will be on Friday, 22nd December 2023 and the first one in the New Year will be on Tuesday, 2nd January 2024. Please order your medications for the Christmas period well in advance. If you have weekly blister packs, please do not worry; there will be adequate supply provided to last over Christmas/New Year.

Practice Facebook

Please continue to look at our Facebook page and share any relevant information. We put information on this to keep our patients updated about services, events, and other Practice news.



Extended Access:

Please do not forget for those of you who work, we have appointments with a Doctor and one of our Nursing team:

Tuesday evenings until 8:15pm (extended opening hours)

Friday mornings 7am – 8am (extended access)

Patient Navigators (Receptionists)

Our receptionists have all been trained to be patient navigators. They need to signpost you to the most appropriate person for your needs. If you are asked the reason for an appointment request, please tell them; even if it is of a sensitive nature, a brief outline is required and will be treated in total confidence. It is not always a doctor who can help; Urgent Care Practitioners (for same day acute problems), a Mental Health Practitioner, Musculoskeletal Practitioners and Clinical Pharmacists are just some examples of alternative care that will speed up your treatment.

If you have a **complaint, compliment, suggestion** for improvement or any other issue you would like to discuss, please contact **Jane Parry**, Practice Manager on **01529 240234 / jane.parry@nhs.net**

Contact details for the Practice:

Reception: 01529 240234

Dispensary: 01529 240888 / 240845 (**between the hours of 10 and 4pm**)

